OFFICE OF CATHOLIC SCHOOLS DIOCESE OF ARLINGTON QUICK REFERENCE EMERGENCY PLAN

Part A of Diabetes Medical Management Plan HYPOGLYCEMIA

(Low Blood Sugar)

			(1	See reverse for]			
Student Name Mother/Guardian				Part B and signatures				Teacher/grade
					Father/Gu			
Home phone	Work ph	none	Cell		Home phor	ne	Work phone	Cell
Trained Diabetes 1		CHILD V	WITH SUSP	ECTED LOW	Contact Nu BLOOD SU		YWHERE AL	ONE.
		• 7 • M • I • 7 • U	Hypoglycemia Too much insuling Missed food Delayed food Too much or too Intense exercise Unscheduled Exercise	n	Onse • Sudo			
	l			Symptoms				
Weakness Personality change Paleness Inability to concentrate Anxiety Irritability Other: Dizziness Circle student's usual symptoms. Weakness Inability to concentrate Poor coording Circle student's usual symptoms. Weakness Inability to concentrate Poor coording Circle student's usual symptoms.			Circle stude	Moderate • Blurry vision • Weakness • Slurred Speech • Confusion • Loss of consciou • Seizure • Inability to swall			student's usual syn	
				I			I	
• Student may/may • Provide quick-sug 3-4 gluco 4 oz. juice 6 oz. regu	gar source. se tablets or e or allar soda or ns of glucose gel autes. acose. mptoms persist less than ck of rotein (e.g.,		Per MI Wait 10 Rechect Repeat or bloo Follow carbohy	Moderate me assists. udent quick-sugar s LD guidelines. I to 15 minutes. k blood glucose. food if symptoms p d glucose is less that with a snack of ydrate and protein (and crackers).	ersist un	Po Co dia Adopr Ca Co	Several services on the service of the services of the service	e anything ossible. or trained , as

OFFICE OF CATHOLIC SCHOOLS DOCESE OF ARLINGTON QUICK REFERENCE EMERGENCY PLAN

Part B of Diabetes Medical Management Plan HYPERGLYCEMIA

(High Blood Sugar)

Student Name				School	Teacher/grade	
		insulin	Symptoms	• Over time hours or da		
Mild Thirst Frequent urination Fatigue/sleepiness Increased hunger Blurred vision Weight loss Stomach pains Flushing of skin Lack of concentration Sweet, fruity breath Other: Circle student's usual symptoms.		Dry mouNauseaStomachVomitingOther:	 Stomach cramps Vomiting		Severe • Mild and moderate symptoms plus: • Labored breathing • Very weak • Confused • Unconscious Circle student's usual symptoms.	
	• Allow free use of Encourage stude • Contact the school administer insuling • If student is nau or call for manager of call for	of the bathroom ent to drink wat ool nurse or trai a, per student's seous, vomiting aedical assistance	ned diabetes pers Diabetes Medical g, or lethargic, ce if parent canno	sonnel to che I Managemen call the pa ot be reached	nt Plan arents/guardian	un and is authorized by;
Parent Signature			Telepho	ne	Date	<u> </u>

Helping the Student with Diabetes Succeed: A Guide for School Personnel